



Metabolic Balance

By Stasia Petralia

Your health solution

Each and every Metabolic Balance® nutrition plan is unique. In fact your plan is as unique as your fingerprint.

It is only by being unique to you and you alone, can it truly lead you to health through the food you eat.

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Fully supported practitioner wellbeing program

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Metabolic Balance® is the nutrition program loved by people around the world for the amazing results it delivers*.

HealingNaturallyWithStasia.com.au

metabolic balance

Australia and New Zealand

Do you struggle to lose weight?

Are you confused about what you should be eating?

Would you love to understand the exact foods that would be ideal for you to really thrive and be well?

METABOLIC BALANCE® IS THE AWARD WINNING PROGRAM FROM EUROPE THAT PROVIDES YOU WITH A TRULY INDIVIDUAL PLAN FOR YOUR OPTIMUM WELLNESS. METABOLIC BALANCE® USES YOUR PERSONAL HEALTH INFORMATION, SO YOU CAN BE SURE THAT YOUR PLAN IS AS INDIVIDUAL TO YOU AS YOUR FINGERPRINT.

**YOU ARE
UNIQUE SO
YOUR DIET
NEEDS TO BE
TOO**



Home Visits and Skype Consults Available

Metabolic Balance® is a whole food program with no supplements or meal replacement shakes. Together with your practitioner, metabolic balance® guides you to the ideal foods to nourish and support you for long term health and wellbeing.

Get in touch for more information

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Healing Naturally With Stasia



Qualified Naturopath

*Disclaimer: metabolic balance® is not a medically supervised program. The metabolic balance® plan and system is designed to help healthy individuals lose weight and achieve a healthier lifestyle. It is a recommended dietary program only and in no way represents medical treatment or medical advice. The program does not constitute a medical product or service, and does not diagnose or treat any medical condition or disease. It does not accommodate for physical or medical conditions, food allergies or the taking of any prescription drugs. All medical conditions and your current health status should be discussed with your physician prior to beginning this, or any other, weight loss program. The degree of benefit is dependent on the level of adherence to a nutritional strategy.

www.metabolic-balance.com.au